Physical Fitness Camp.

Date of the Event: 11 April, 2024

Venue of the Event: Playing Ground Shivaji Mahavidyalaya Gadchiroli

Organizing Department: Physical Education Department

Objectives of the Event:

1) To improve physical health.

- 2) To reduce the risk of physical diseases.
- 3) To spread awareness about physical fitness.

Brief Report:

On dated:11 April, 2024 Physical Fitness camp was organized by the Physical Education Department on the playing ground for the teaching staff and students. All the teaching staff and students were participated in the camp. Principal and Director of Physical Education delivered a message to focus on the Physical fitness and also appealed to all to make physical practice as a part of life and practice at home regularly and keep away disease and be healthy in the life. We all the participant practice various physical exercises to keep ourselves healthy.

Event outcomes:

All the participants realized the importance of physical exercise and decided to do physical practice at home.







